# **Summary of Benefits**

Anthem Dental Essential Choice PPO



**CrossCountry Mortgage, LLC.** 

Anthem Blue Cross and Blue Shield Dental Complete Network

Effective date: 1/1/2024

### WELCOME TO YOUR DENTAL PLAN!

Regular dental checkups can help find early warning signs of certain health problems, which means you can get the care you need to get healthy. So, don't skimp on your dental care, good oral care can mean better overall health!

# Powerful and easily accessible member tools.

- Ask a Hygienist: Dental members can simply email their dental questions to a team of licensed dental professionals who in turn will respond in about 24 hours.
- Dental Health Risk Assessment: We want our dental members to better understand their oral health and their risk factors for tooth decay, gum disease and oral cancer. This easy to use online tool can help them do this.
- Dental Care Cost Estimator: In order to help our dental member better understand the cost of their dental care, we offer access to a user-friendly, web-based tool that provides estimates on common dental procedures and treatments when using a network dentist.
- Mobile Capabilities: With our latest mobile application, members can find a network dentist as well as view their claims. Our application is available for both Android and Apple phones.

#### Dentists in your plan network.

- You'll save money when you visit a dentist in your plan network because Anthem and the dentist have agreed on pricing for covered services. Dentists who are not in your plan network have not agreed to pricing, and may bill you for the difference between what Anthem pays them and what the dentist usually charges.
- To find a dentist by name or location, go to anthem.com or call dental customer service at the number listed on the back of your ID card.

# Ready to use your dental benefits?

- Choose a dentist from the network
- Make an appointment
- Show the office staff your member ID card
- Pay any deductible or copay that is part of your plan

#### Need to contact us?

See the back of your ID card for how to call, write or email us.

# Your dental benefits at a glance

The following benefit summary outlines how your dental plan works and provides you with a quick reference of your dental plan benefits. For complete coverage details, please refer to your policy.

	In-Network	Out-of-Network	
Coverage Year	Calendar Year		
Annual Benefit Maximum			
Per insured person			
Diagnostic & Preventive Services are applied	\$2,000	\$2,000	
to the Annual Benefit Maximum			
Annual Maximum Carryover	Yes	Yes	
Orthodontic Lifetime Benefit Maximum			
Per eligible child	\$1,000	\$1,000	
Annual Deductible			
Per insured person	\$50	\$50	
Family maximum	3x single member deductible	3x single member deductible	
Deductible Waived for Diagnostic/Preventive Services	Yes	Yes	
Out-of-Network Reimbursement	90th pe	ercentile	

Dental Services	In-Network Anthem Pays:	Out-of-Network Anthem Pays:	Waiting Period
Diagnostic & Preventive Services  Periodic dental exam  Limited to two per 12 months  Teeth cleaning (prophylaxis)  Limited to two per 12 months; combined with periodontal maintenance  Bitewing X-rays  Limited to one set per 12 months  Full-Mouth or Panoramic X-rays  Limited to one per 36 months  Fluoride application  Limited to one per 12 months through age 15  Sealant application  Limited to one per 36 months through age 15	100% coinsurance	80% coinsurance	No waiting period
Basic (Restorative) Services  Consultation (second opinion); only with X-rays and no other services  Limited to one per 12 months  Space maintainer insertion  Limited to one per tooth space per 60 months through age 15  Amalgam (silver-colored) filling  Limited to one per tooth surface per 24 months  Composite (tooth-colored) filling  Limited to one per tooth surface per 24 months; posterior (back) fillings paid as an amalgam (silver-colored filling)  Brush biopsy (cancer test)  Limited to one per 12 months; all ages	80% coinsurance	70% coinsurance	No waiting period
Endodontics (Non-Surgical)  Root Canal (permanent teeth only)  Limited to one per tooth per lifetime	80% coinsurance	70% coinsurance	No waiting period
<ul> <li>Endodontics (Surgical)</li> <li>Apicoectomy and apexification</li> <li>Limited to one per tooth per lifetime; permanent teeth only</li> </ul>	80% coinsurance	70% coinsurance	No waiting period
Periodontics (Non-Surgical)  Periodontal maintenance  Limited to four per 12 months, combined with teeth cleanings  Scaling and root planning; when the tooth pocket has a depth of four millimeters or greater  Limited to one per quadrant per 24 months	80% coinsurance	70% coinsurance	No waiting period
Periodontics (Surgical)  Periodontal surgery (osseous, gingivectomy, graft procedures)  Limited to one per quadrant per 36 months	80% coinsurance	70% coinsurance	No waiting period
Oral Surgery (Simple)  • Simple extraction  • Limited to one per tooth per lifetime	80% coinsurance	70% coinsurance	No waiting period
Oral Surgery (Complex)  • Surgical extraction  • Limited to one per tooth per lifetime	80% coinsurance	70% coinsurance	No waiting period
Major (Restorative) Services  Crowns, onlays, veneers Limited to one per tooth per 60 months	50% coinsurance	40% coinsurance	No waiting period
Prosthodontics  Dentures and bridges Limited to one per tooth/arch per 60 months Implant placement Limited to one per tooth/arch per 60 months Implant prosthodontics Limited to one per tooth/arch per 60 months	50% coinsurance	40% coinsurance	No waiting period
Repairs/Adjustments  Crown, denture, and bridge repairs  Limited to one per tooth per 12 months; not within 6 months of placement  Denture and bridge adjustments  Limited to two per tooth per 12 months; not within 6 months of placement	50% coinsurance	40% coinsurance	No waiting period

Dental Services (continued)	In-Network Anthem Pays:	Out-of-Network Anthem Pays:	Waiting Period
Child Orthodontic Services  o Through age 18	50% coinsurance	50% coinsurance	No waiting period
<ul> <li>Temporomandibular Joint Disorder (TMJ)</li> <li>X-rays, splints, and surgical procedures including arthroscopy and orthotic devices</li> <li>Not covered</li> </ul>	Not covered	Not covered	No waiting period
Cosmetic Teeth Whitening  Not covered	Not covered	Not covered	Not covered
NOTE: Cosmetic benefits, such as teeth bleaching, in an insurance policy may have income tax implications for both employer groups and plan members. For example, the dollar value of the cosmetic benefit may be considered part of an individual's taxable income. For more information concerning the tax ramifications of cosmetic insurance benefits, please consult a legal or tax advisor.			
Additional Services and Programs			
Anthem Whole Health Connection - Dentals  ● For members with certain health conditions, additional dental benefits are available without a deductible or waiting periods. Eligible services are paid at 100% and won't reduce your coverage year annual maximum (if applicable)		Included	
Accidental Dental Injury Benefit     Provides members 100% coverage for accidental injuries to teeth up to the coverage year annual maximum (if applicable). No deductibles, member coinsurance, or waiting periods apply		Included	
Extension of Benefits     Following termination of coverage, members are provided up to 60 days to complete treatment started prior to their termination of coverage under the plan and eligible services will be covered		Included	
International Emergency Dental Program  • Provides emergency dental benefits while working or traveling abroad from licensed, English-speaking dentists. Eligible covered services will be paid 100% with no deductibles, member coinsurance, or waiting periods and won't reduce the member coverage year annual maximum (if applicable)		Included	

#### **Additional Limitations & Exclusions**

Signature

Below is a partial listing of non-covered services under your dental plan. Please see your policy for a full list.

Services provided before or after the term of this coverage - Services received before your effective date or after your coverage ends, unless otherwise specified in the dental plan certificate

Orthodontics (unless included as part of your dental plan benefits) including orthodontic braces, appliances and all related services

Cosmetic dentistry (unless included as part of you dental plan benefits) provided by dentists solely for the purpose of improving the appearance of the tooth when tooth structure and function are satisfactory and no pathologic conditions (cavities) exist

Drugs and medications including intravenous conscious sedation, IV sedation and general anesthesia when performed with nonsurgical dental care

Analgesia, analgesic agents, and anxiolysis nitrous oxide, therapeutic drug injections, medicines or drugs for nonsurgical or surgical dental care except that intravenous conscious sedation is eligible as a separate benefit when performed in conjunction with complex surgical services.

Waiting periods for endodontic, periodontic and oral surgery services may differ from other Basic Services or Major Services under the same dental plan. There is a 24 month waiting period for replacement of congenitally missing teeth or teeth extracted prior to coverage under this plan.

This is not a contract; it is a partial listing of benefits and services. All covered services are subject to the conditions, limitations, exclusions, terms and provisions of your policy. In the event of a discrepancy between the information in this summary and the policy, your policy will prevail.

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