

When You're Facing Cancer, You Don't Have to Navigate it Alone

Thank you for trusting us with this news

Receiving a cancer diagnosis can feel overwhelming, scary, and deeply personal. Sharing it with your employer can bring another layer of emotions. Please know that we will keep this information strictly confidential. You are in control of who you share this with and when, and that includes your team.

During such a difficult time, we want to let you know that additional support is available to you through a no-cost health benefit: **Private Health Management (PHM)**.



**Private Health
Management**

How Private Health Management Can Help

As part of your benefits, you have access to PHM: a dedicated 24/7 care team of clinical experts who can provide personalized, confidential support and care coordination throughout your cancer journey, so you don't have to do manage it alone. Their role is to help simplify the complexity of managing a cancer diagnosis.

They can support you and your family by helping you:



Understand your diagnosis and treatment options



Prepare for key appointments and decisions



Navigate complex medical and financial considerations



Coordinate across multiple providers and institutions



Provide evidence-based insights tailored to your situation



Plan for survivorship and long-term care

PHM does not replace your doctors. Instead, they collaborate with your existing care team to help ensure you receive clarity, coordination, and confidence in your care decisions.

Acknowledging the Financial Impact




Most people who receive a cancer diagnosis don't just have to consider medical decisions. The financial strain from treatment costs, time away from work, and changes in income during care can cause new worries.

With expert guidance from PHM, you may be able to streamline your care, better understand your treatment options, and receive recommendations for specialists with deep experience in treating your specific type of cancer. PHM can also help arrange second opinions and provide expert scientific insights to make you more comfortable with your care plan.



Confidential and Permission-Based

Engaging with Private Health Management is completely voluntary.

-  No health information is shared without your explicit consent.
-  Participation is confidential and separate from your employment record.
-  Your manager and colleagues will not receive information about your health.

If you would like to be introduced, HR can connect you directly to the PHM team. You are also welcome to reach out directly to them when and if you feel ready.

You do not have to navigate this alone.

Support is here whenever you choose to use it.

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